

How to arrive in Amantea?

- **By plane**
- **By train**

Arriving in Amantea by plane

From the main Italian airports, you can fly to Lamezia Terme airport. From Lamezia Terme airport, there are shuttle buses that take you to Lamezia Terme Centrale railway station in 5 minutes, from where you can then take the train to Amantea railway station in about 20 minutes.

Between 8:15 a.m. and 8:15 p.m., a shuttle departs almost every hour: there are no shuttles departing at 10:15 a.m. and 12:15 p.m. There are also additional trips departing at 8:45 a.m., 7:45 p.m., and 11:15 p.m.

An alternative is the Preite Srl buses that connect Lamezia Terme Airport directly with the city of Amantea: [download the timetable here](#).

Arriving in Amantea by train

From the main Italian railway stations, you can reach Paola railway station, from where IC and RV trains depart for Amantea railway station.

Departure time from Paola	Arrival in Amantea
13:00	13:14
13:54	14:11
14:55	15:11
15:06	15:22
16:01	16:16
16:54	17:07
17:55	18:11
18:08	18:21
18:57	19:13
20:22	20:35
22:02	22:14 (last evening train)

An alternative for those who want to arrive in Amantea before 1 p.m. is to continue to the Lamezia Terme Centrale railway station, from where trains depart for the Amantea railway station.

Departure time from Lamezia TC	Arrival in Amantea
09:17	09:33
09:33	09:52
11:41	11:55
11:40	11:55
11:49	12:06

How to reach Paola or Lamezia Terme Centrale railway stations from the main Italian railway stations?

from Torino Porta Susa

3 Frecciarossa direct train departing at 8:10, 10:10 e 11:10 (arrival in Paola at 20:01)

3 Frecciarossa 1-connection train: departing at 7:10, 9:20 e 13:22 (arrival at 21:15)

from Milano Centrale

4 Frecciarossa direct train departing at 9:10, 10:58, 12:10 e 14:30 (arrival in Paola at 21:15)
5 Frecciarossa 1-connection train: departing at 6:35, 8:30, 9:35, 11:25 e 13:00 (arrival at 19:55)
1 Italo direct train departing at 6:40 (arrival in Paola at 14:44)

from Trento

1 Frecciarossa direct train departing at 13:43 (arrival in Paola at 21:43)
2 Frecciarossa 1-connection train: departing at 7:43 e 9:19 (arrival at 20:01)

from Padova

1 Frecciarossa direct train departing at 12:56 (arrival in Paola at 19:55)
3 Frecciarossa 1 connection train: departing at 8:56, 10:56 e 13:56 (arrival at 21:15)

from Trieste Centrale

0 Frecciarossa direct train
2 Frecciarossa 1-connection train: departing at 6:38 e 9:39 (arrival at 19:55)

from Bologna Centrale

7 Frecciarossa direct train departing at 10:27, 12:07, 12:27, 13:27,
14:02, 15:37 e 15:47 (arrival in Paola at 21:43)
3 Frecciarossa 1-connection train: departing at 9:37, 12:37 e 14:07 (arrival at 19:55)
1 Italo direct train departing at 7:57 (arrival in Paola at 14:44)

from Firenze S.M.Novella

5 Frecciarossa direct train departing at 11:14, 13:14, 14:14,
14:48 e 16:33 (arrival in Paola at 21:43)
3 Frecciarossa 1-connection train: departing at 7:14, 10:14, 12:14 e 15:48 (arrival at 19:55)
1 Italo direct train departing at 8:43 (arrival in Paola at 14:44)

from Roma Termini

8 Frecciarossa direct train departing at 7:30, 13:00, 14:25, 15:05, 16:05,
16:35, 17:53 e 18:20 (arrival in Paola at 21:43)
2 Frecciarossa 1-connection train: departing at 9:53 e 12:00 (arrival at 16:27)
2 Italo direct train departing at 06:00 e 10:30 (arrival in Paola at 14:44)

from Napoli Centrale

2 Frecciarossa direct train departing at 14:40 e 16:30 (arrival in Paola at 19:29)
1 Frecciarossa 1-connection train: departing at 15:25 (arrival at 18:23)
2 Italo direct train departing at 07:30 e 12:00 (arrival in Paola at 14:44)

from Bari centrale

1 Frecciargento 1-connection train: departing at 8:40 (arrival at 18:23)

PLEASE NOTE:

THE SUGGESTED TIMES ARE PURELY INDICATIVE AND NOT GUARANTEED. .
Please consult the Trenitalia.com and ItaloTreno.com websites for confirmation of timetables, travel options, and seat availability.

AEIT cannot be held responsible for the information provided.